

"Got my bell rung / Was conked on the noggin / TKO'd / Got knocked out / Was unconscious / Saw stars / Had a head injury / Had a concussion / Was sidelined / Blacked out / Everything faded to gray / I had a brain injury....."

LOOKING FOR RESOURCES AND SUPPORTS DEALING WITH BRAIN INJURY?

- There is a service dedicated to helping people choose, get, and keep needed services and supports.
- **Neuro-resource facilitation** is a free service through the Brain Injury Alliance of Iowa that helps people with brain injury and their families find answers to their questions.

For more information call the Brain Injury Alliance at: **1-855-444-6443**



www.biaia.org 1-855-444-6443

The mission of the Brain Injury Alliance of Iowa is to create a better future through brain injury prevention, advocacy, education, research, and support.

How to Get Connected

1. Call our toll free number: **855-444-6443**
2. A Neuro-Resource Facilitator will collect your information
3. You will be connected with a Neuro-Resource Facilitator who specializes in resources in your area of the state
4. You will have the opportunity to share your experiences and your Neuro-Resource Facilitator will help you identify your needs and connect you to available resources.
5. Your Neuro-Resource Facilitator can make calls with you to help you ask the right questions and get the appropriate assistance.
6. Your Neuro-Resource Facilitator will provide regular follow up calls to you and can assist you as needed.

Examples of how we can assist include:

- Learning about Social Security benefits, work incentives, and returning to work
- Navigating Medicaid, Medicare, and Private Insurance benefits
- Providing information on what to expect after a brain injury
- Helping individuals locate professionals who can help
- Connecting individuals with support groups
- Connecting individuals with available resources in their area
- Free informational webinars on a variety of topics
- Connecting individuals with their legislators so their voices can be heard
- Advocating for client rights



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